



PARENT EDUCATION PROGRAMS

January 2010

Padres en Acción (Parents in Action) is a group formed by Los Alamos parents who are interested in addressing local community concerns. Through a partnership with PHP and the Fund for Santa Barbara, members have the opportunity to gain the skills and knowledge needed to advocate for themselves and their children. By empowering Latino parents/community members, they can become a constructive force in determining their lives and the lives of their children. The group meets weekly at the Olga Reed School Family Resource Center.

Group meets weekly on Wednesdays, 8:30-11 AM at Olga Reed School Family Resource Center, 480 Centennial in Los Alamos

Solvang Parent Education Class – PHP provides a parent education and support group to parents on issues and topics relevant to their needs. Focus is given on positive parenting strategies and discussion on how to engage with children and other child development information.

Group meets every other week on Friday, 9 – 10:30 AM at PHP’s Service Center, 545 N. Alisal Drive in Solvang.

De Mujer a Mujer (From Women to Women)-Once each year on a Saturday in the Spring, PHP partners with the College School District to present an educational event for local Latina women. Last year, more than 40 women attended the “De Mujer a Mujer” conference at the Santa Ynez School’s gymnasium to learn about important issues such as Nutrition, Depression and Self-Esteem, Financial Planning, and Alcohol Use by Youth.

PHP makes this opportunity available for women to connect with each other, share their stories and wisdom, and discuss how they can individually put into practice the valuable information they acquire.

In 2009, other conference sponsors included Guy Walker, New York Life; Santa Ynez Band of Chumash Indians; Pizza Shack; Taco Roco; All About Produce; Dunn School; Long’s Drugs, Santa Barbara County Education Office, Migrant Education; Santa Ynez Burrito.

In 2010, the conference date has not yet been set.